

BULLETIN N° 1



VIIIth World Deaf Senior Greco-Roman & Freestyle Wrestling Championships

Vth World Deaf Cadet and Junior Greco-Roman Freestyle Wrestling Championships



Bishkek
2-12 September 2023



POSTER



MEDALS



GENERAL INFORMATION

The Message of the Organisation of Sports Movement of Deaf People in the Kyrgyz Republic

We are pleased to write this foreword to the first official Bulletin of the 5th World Deaf Cadet and Junior Greco-Roman & Freestyle Wrestling Championships and 7th World Deaf Senior Greco-Roman & Freestyle Wrestling Championship in Bishkek in 2023.

The Organization of the Deaf Sports Movement of the Kyrgyz Republic and the Deputy Minister of Culture, Information, Sports, and Youth Policy of the Kyrgyz Republic wishes to note that this event is significant in that it is held for the first time in the Central Asian region.

It is a great honor and responsibility for the Kyrgyz Republic, and the Deaf Sports Movement Organization of the Kyrgyz Republic expresses its pleasure to organise and hold this event of such a level.

The 5th World Deaf Cadet and Junior Greco-Roman & Freestyle Wrestling Championships and 7th World Deaf Senior Greco-Roman & Freestyle Wrestling Championships will be held under the auspices of the International Committee of Sports for the Deaf from the 2nd to 12th of September 2023, in Bishkek, Kyrgyz Republic.

We are pleased to invite all members of the International Committee of Sports for the Deaf (ICSD) to participate in these beautiful events.

Welcome, all the participants of the World Deaf Freestyle and Greco-Roman Wrestling Championship to Bishkek, Kyrgyz Republic, to the heart of Central Asia.

Organising Committee



Aram Akopyan

President of the Organisation of Deaf Sports Movement of the Kyrgyz Republic



Madumarova Jazgul

Children's and Youth Sports School of Olympic Reserve, named after R. Sanatbayev



Satybekova Aizhan

Secretary of the Organizing Committee

ICSD Representatives



Pier Alessandro Samuelli

ICSD Executive Board – Member at Large



Konstantin Dzougoutov

ICSD Wrestling Director

ABOUT THE CITY

Bishkek is the capital of Kyrgyzstan and the country's largest population of over 1 million. The capital of Kyrgyzstan, Bishkek, is the borderline of Central Asia's Tian Shan range. The Kyrgyz Ala-Too mountains and Ala-Archa National Park, adorned with wildlife trails and glaciers, conclude the place's scenic beauty. Bishkek is the country's modern cultural, political, and economic center. It is a quiet city with wide streets and beautiful houses with a distinctive, measured rhythm of life.

Bishkek was founded in 1825 on the ruins of the ancient Pishpek hill fort and the Kokand fortress of Pishpek, which were county trade towns on the caravan route from the 7th to the 13th centuries. The caravans of the Great Silk Road also passed through Bishkek. The rapid development of the city began after 1917. In 1926, Pishpek was renamed Frunze in honor of the revolutionary and statesman. Then it was renamed Bishkek after the fall of the USSR and the gaining independence of the Kyrgyz Republic.



Filled with exotic foliage and historic post-Soviet anachronisms, Bishkek is a city engraved with cultural nuances. The vibrant and youthful atmosphere of the place is why the town witnesses a massive tourist turnout every year. The pulsating nightlife of Kyrgyzstan's capital city is unparalleled. The way to one's heart is through the stomach. If that's the case, the city's food scene will ring a bell.

Be it the mouthwatering Oromo or the tasteful Besh Barmak. One is served a myriad of food choices.



Climate

Bishkek has a Mediterranean-influenced humid continental climate, with hot, dry, and low cloudy summers and frosty, snowy, and occasionally cloudy winters.

In September, temperatures in Bishkek range from 24,7°C (76,46 °F) to +13°C (55,4°F). In September 2022, the lowest average daily temperature was +16°C (60,8°F), while the highest average temperature reached +33°C (91,4°F). The amount of rain that falls in Bishkek during September is 20.1 mm.

In such a way, September is also a conventionally velveted season in Kyrgyzstan, one of the year's warm months. Windbreakers, light tracksuits or jeans, and t-shirts are appropriate for this time of year in Bishkek.



VENUE

Competitions will be held at Kojomkul Sports Palace according to their appointed dates.



Inside view of the competition venue



The training hall

Note: Athletes can come to this place and conduct training before the competitions. All the necessary equipment will be on-site.



REFEREE(S)

Each participating country brings at least one UWW licensed referee if they bring three or more wrestlers. For example,

1 – 3 wrestler(s)	One (1) UWW licensed referee
4 – 10 wrestlers	Two (2) UWW licensed referees

Each participating country is responsible for the costs of meals, accommodation, and local transportation for the UWW licensed referees to reduce the burden on the host's finances.

Suppose the participating country does not bring their country's UWW licensed referee(s). In that case, the host has the right to charge the cost of meals, accommodation, and local transportation for the UWW licensed referees when the participating country arrives at the airport/hotel. The fee is **\$120** (USD) per day.

LICENSE & INSURANCE

Each country must provide an unexpired wrestling license and insurance for each member of its delegation. It is recommended that you hold international travel- and accident insurance. Please ensure it covers you for competing in the championships. The wrestler can't participate in the competition without a license and insurance.

Medical Service at the Competition Venue

At least one heavily equipped ambulance will be staged at the competition venue to facilitate the transfer. In the championships, medical teams consisting of experienced physicians and paramedics will be positioned at designated spots on the Field of Play to act as first responders to injuries or emergencies during the competition or official training sessions.

COVID-19 Regulations

The Republican Anti-Coronavirus Headquarters reminded that a PCR test for COVID-19 **is not required** when entering or leaving Kyrgyzstan. The relevant order came into force on 1 May 2022. According to it, Kyrgyz citizens and foreigners can cross the state border to Kyrgyzstan without presenting a negative PCR test and a vaccination certificate against COVID-19.

But! The PCR test certificate may be required by the country you plan to travel to. It is, therefore, essential to familiarize yourself with foreign countries' entry/exit regulations. If a PCR test is required, we can help you make a PCR test for **\$35** (USD). The result you will get after 3-4 hours.

WEIGHT CATEGORIES

The weight categories for Freestyle and Greco-Roman wrestling are as follows (in kilograms):

Greco-Roman – Cadets (U17)	Freestyle – Cadets (U17)
Wrestling Greco-Roman 41-45kg	Wrestling Freestyle 41-45kg
Wrestling Greco-Roman 48kg	Wrestling Freestyle 48kg
Wrestling Greco-Roman 51kg	Wrestling Freestyle 51kg
Wrestling Greco-Roman 55kg	Wrestling Freestyle 55kg
Wrestling Greco-Roman 60kg	Wrestling Freestyle 60kg
Wrestling Greco-Roman 65kg	Wrestling Freestyle 65kg
Wrestling Greco-Roman 71kg	Wrestling Freestyle 71kg
Wrestling Greco-Roman 80kg	Wrestling Freestyle 80kg
Wrestling Greco-Roman 92kg	Wrestling Freestyle 92kg
Wrestling Greco-Roman 110kg	Wrestling Freestyle 110kg
Greco-Roman – Juniors (U20)	Freestyle – Juniors (U20)
Wrestling Greco-Roman 55kg	Wrestling Freestyle 57kg
Wrestling Greco-Roman 60kg	Wrestling Freestyle 61kg
Wrestling Greco-Roman 63kg	Wrestling Freestyle 65kg
Wrestling Greco-Roman 67kg	Wrestling Freestyle 70kg
Wrestling Greco-Roman 72kg	Wrestling Freestyle 74kg
Wrestling Greco-Roman 77kg	Wrestling Freestyle 79kg
Wrestling Greco-Roman 82kg	Wrestling Freestyle 86kg
Wrestling Greco-Roman 87kg	Wrestling Freestyle 92kg
Wrestling Greco-Roman 97kg	Wrestling Freestyle 97kg
Wrestling Greco-Roman 130kg	Wrestling Freestyle 125kg
Greco-Roman – Seniors (Seniors/U23)	Freestyle – Seniors (Seniors/U23)
Wrestling Greco-Roman 55kg	Wrestling Freestyle 57kg
Wrestling Greco-Roman 60kg	Wrestling Freestyle 61kg
Wrestling Greco-Roman 63kg	Wrestling Freestyle 65kg
Wrestling Greco-Roman 67kg	Wrestling Freestyle 70kg
Wrestling Greco-Roman 72kg	Wrestling Freestyle 74kg
Wrestling Greco-Roman 77kg	Wrestling Freestyle 79kg
Wrestling Greco-Roman 82kg	Wrestling Freestyle 86kg
Wrestling Greco-Roman 87kg	Wrestling Freestyle 92kg
Wrestling Greco-Roman 97kg	Wrestling Freestyle 97kg
Wrestling Greco-Roman 130kg	Wrestling Freestyle 125kg

Women – Cadets (U17)	Women – Juniors (U20)	Women – Seniors (Seniors/U23)
Wrestling 36-40kg	Wrestling 50kg	Wrestling 50kg
Wrestling 43kg	Wrestling 53kg	Wrestling 53kg
Wrestling 46kg	Wrestling 55kg	Wrestling 55kg
Wrestling 49kg	Wrestling 57kg	Wrestling 57kg
Wrestling 53kg	Wrestling 59kg	Wrestling 59kg
Wrestling 57kg	Wrestling 62kg	Wrestling 62kg
Wrestling 61kg	Wrestling 65kg	Wrestling 65kg
Wrestling 65kg	Wrestling 68kg	Wrestling 68kg
Wrestling 69kg	Wrestling 72kg	Wrestling 72kg
Wrestling 73kg	Wrestling 76kg	Wrestling 76kg

ACCOMMODATION

The competitions will be held in the official hotel. The hotel is located 37,2 km from the Manas International Airport.

Jannat Regency Hotel





Jannat Regency Hotel Rates

To ensure the most favorable prices, the Organizing Committee (OC) is directly in charge of the accommodation process for the participants. The reservations will be confirmed upon receipt of the Hotel Accommodation Form and required payment.

The fees include accommodation, 3x meals (buffet), and transportation to the location: Airport-Hotel-Airport. The OC will provide official transportation and accreditation to those booking through the OC. The rates per night include breakfast, lunch, and dinner.

Please note that the below-mentioned fees shall be paid to the OC in cash upon arrival.

4–5-star hotel	USD dollars
Single Room	\$140 (USD) per night
Double Room	\$120 (USD) per night
Triple Room	\$110 (USD) per night

Note: Check-in: 14:00 and Check-out: 12:00



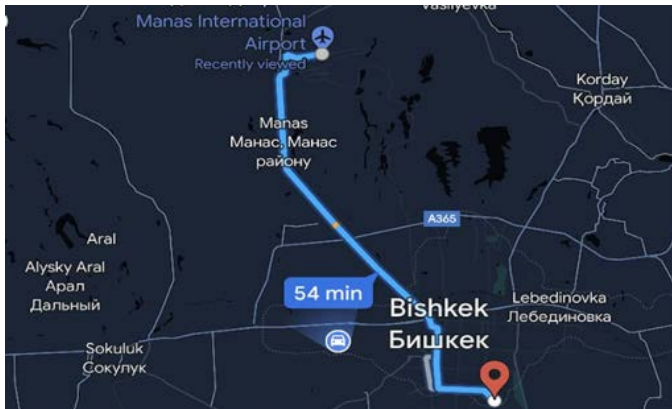
ELECTRICITY

The electricity supply is 220V:



TRANSPORTATION & MAP

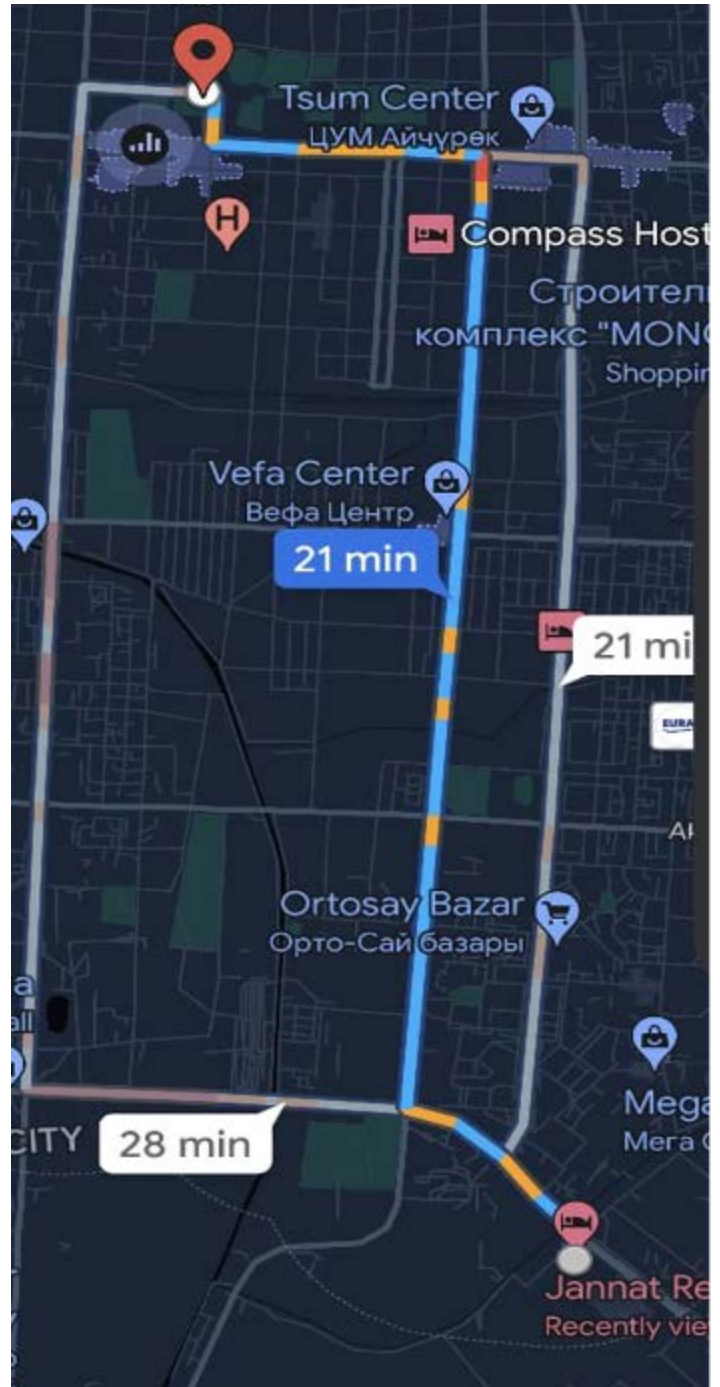
The OC will provide free transportation service from the Manas International Airport to the hotel (and vice versa) for those who make their hotel reservation through the OC.



That is the distance between the hotel and the competition/training venue. It is approximately 8,2 km and 15-20 minutes of drive.

Airport Transfer Service will be available from 02 September to 12 September 2023. Manas International Airport is 37 km away and within a 20 – 30-minute drive. The OC will welcome and accompany participants at the airport throughout their entire ride.

Please note that any changes in departure details must be submitted to the OC at the venue 48 hours before the flight departure.





VISA

While some Asian countries may be exempt from visas due to the existing agreements concluded between our countries, others can obtain an e-Visa.

Each member of every delegation will be responsible for verifying if he needs a visa to enter the Kyrgyz Republic. It is highly recommended that foreigners, who wish to visit the Kyrgyz Republic, should read the related information about our country's visa regime.

An information note about the visa regime of the Kyrgyz Republic is available at the following address:
www.evisa.e-gov.kg

The participants are responsible for requesting the visa, and the OC cannot be liable if the visa is not obtained. The OC can send the participants an invitation letter if necessary.

LOCAL CURRENCY

The local currency is the Kyrgyz Som. Established credit cards like VISA, MasterCard, American Express, and Union Pay are widely accepted in hotels, restaurants, shops, gas stations, etc.

Due to the unstable currency market in Kyrgyzstan, bringing your own money in cash is highly recommended, as you can face the problem of cashing out the dollars from the card.

INFORMATION

Deadline for the applications

- The deadline for the **preliminary registration entry** of the participants is 02 May 2023.
- The final deadline for **registration and hotel reservations** is 02 August 2023.

Official Participation (OP) Fees

OC Participation Fee: \$60 (USD) per person for the organising committee (per athlete and official).

OP Participation fees include the following:

- Accreditation Card: Each participant will receive accreditation with a photo. This accreditation allows free entry to all competitions. We ask all to send photos via ICSD OMS for accreditation to keep time.
- Shuttle Service between the official hotel and the sports hall.

Please note that only those who will book through the OC shall be allowed to enter the competitions.

International Committee of Sports for the Deaf (ICSD) Fees

ICSD Participation Fee: \$40 (USD) per person (per athlete and official). The fee must send to ICSD Bank by wire.

SCHEDULE

Note: This program is tentative. The travel can be approximately planned according to this timetable. If you have any questions regarding arrival and departure, please contact the OC.

	Friday 1 September	GRECO-ROMAN (GR)	Saturday 02 September
	Arrival of the delegations	16:00	1. Technical Meeting – All Greco-Roman coaches 2. Draw Greco-Roman – All weight categories
	Participant registration for competitions	17:00	Referees' Consultation
GRECO-ROMAN (GR)	Sunday 03 September	GRECO-ROMAN (GR)	Monday 04 September
08:00 – 08:30	Official weight-in: GR Cadets	08:00 – 08:30	Official weight-in: GR Juniors
10:30	GR Cadets: Qualification Rounds	10:30	GR Juniors: Qualification Rounds
–	GR Cadets: Repechage	–	GR Juniors: Repechage
–	GR Cadets: Finals & Medal Ceremony	–	GR Juniors: Finals & Medal Ceremony
GRECO-ROMAN (GR)	Tuesday 05 September	GRECO-ROMAN (GR)	Wednesday 06 September
08:00 – 08:30	Official weight-in: GR Seniors	08:00 – 08:30	Official weight-in: GR Seniors
10:30	GR Seniors: Qualification Rounds	10:30	GR Seniors: Qualification Rounds
–	GR Seniors: Semi Finals	–	GR Seniors: Repechage
		–	GR Seniors: Finals & Medal Ceremony
FREESTYLE (FS)	Thursday 07 September	FREESTYLE (FS)	Friday 08 September

	Arrival of the delegations	08:00 – 08:30	Official weight-in: FS Cadets
	Participant registration for competitions	10:30	FS Cadets: Qualification Rounds
16:00	1. Technical Meeting – All Freestyle coaches 2. Draw Freestyle – All weight categories	14:00	FS Cadets: Repechage
17:00	Referees' Consultation	–	FS Cadets: Finals & Medal Ceremony
FREESTYLE (FS)	Saturday 09 September	FREESTYLE (FS)	Sunday 10 September
08:00 – 08:30	Official weight-in: FS Juniors	08:00 – 08:30	Official weight-in: FS Seniors
10:30	FS Juniors: Qualification Rounds	10:30	FS Seniors: Qualification Rounds
14:00	FS Juniors: Repechage	–	FS Seniors: Semi Finals
–	FS Juniors: Finals & Medal Ceremony		
FREESTYLE (FS)	Monday 11 September	FREESTYLE (FS)	Tuesday 12 September
08:00 – 08:30	Official weight-in: FS Seniors		Departure of the delegations
10:30	FS Seniors: Qualification Rounds		
–	FS Seniors: Repechage		
–	FS Seniors: Finals & Medal Ceremony		

WELCOME TO BISHKEK, KYRGYZSTAN!